

Participant Recommendations to Improve Data Quality

Magnetic Resonance Research Center
University of Pittsburgh School of Medicine

The scanners that take pictures of you are sensitive to certain cosmetic/beauty products and practices. These products and practices can lead to bad picture quality. The following are recommendations that help us take the best possible pictures. On the day of your MRI session, please do not:

- Wear make-up or sunscreen
- Arrive with wet hair
- Wash your hair with dry shampoo
- Arrive with recently dyed hair (~3 days prior)
- Wear hairspray, hair wax, or hair gel
- Wear hair extensions that cannot be removed
- Wear colored contact lenses
- Wear jewelry or hair pins that cannot be removed easily. The MRRC recommends removing all jewelry and hair pins at home before you come to the center so nothing gets left behind.

Directions to the MRRC

The MRRC is located inside UPMC Presbyterian hospital on the 8th floor. Enter the main entrance of UPMC Presbyterian and proceed up the main escalators. When the main escalators drop you off, turn left and walk past a seating area and coffee shop (on left) and a large sign for “Registration and Diagnostic Testing” (on the right). After you pass the hospital gift shop (on your left), you will turn right at a sign directing you to the B wing elevators. Follow this hallway until it ends and turn left. You will pass elevators on your left before arriving at a ramp and steps down to the four B wing elevators. Take any of the four B wing elevators up to the 8th floor. When you exit the elevators on the 8th floor, you are inside the MRRC. Turn right and walk down the hallway until you see the MR technologist’s office on your left where you may be able to find a staff member. If there are no staff members present when you arrive, simply have a seat in the waiting room until someone can help you. There is a red phone in the waiting room you can use to get in touch with a staff member.